

DIY Shaving Cream Recipe

www.dabblesandbabbles.com

Ingredients:

- 1/3 cup shea butter
- 1/3 cup coconut oil
- 1/4 cup sweet almond oil (or jojoba oil)
- 2 tbsp liquid soap (castile if possible)
- 1 tsp Vitamin E (not 100% necessary but acts as a preservative so the cream will last up to about 3 months)
- 20 drops Essential Oil (scent of your choice)



Directions:

1. In a heat resistant pot, put the measured out portions of shea butter and coconut oil on the stove top over low heat. Stir until melted.
2. Pour melted shea butter and coconut oil into a mixing bowl and add the rest of the ingredients. Stir until well mixed
3. Put mixing bowl in fridge and leave until the ingredients have solidified (about 2-3 hours).
4. Remove bowl from fridge, and using a hand blender, blend the mixture until it become soft and creamy (approx 2-3 mins).
5. Scoop cream into container.