

Polymer Clay Spiral Hair Wrap Tutorial

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Supplies:

- Polymer clay in various colors (Sculpy, Premo, Fimo, etc.) **or if you just want, you can just use one color.*
- wooden skewer or something of similar size
- Cookie sheet lined with tinfoil
- *Optional:* glitter and beads to attach to the bottom of the spiral wrap

Directions:

1. Choose 2-4 colors of clay and knead the clay until it's soft and then roll the clay into little logs.
2. Take all the logs and twist them together. Roll on a smooth flat surface.
3. Fold over and twist again. Roll on a smooth flat surface. Keep doing this until you're happy with the design. **Be careful not to do it too many times or it will all just turn into one color – likely grey or brown.*
4. Roll the clay smooth and until it's about the 1/8" in width (smaller than this will mean the spiral hair wrap will easily break) and about 12" long (although you can make these any length you desire). Feel free to roll in a bit of glitter too if you'd like to make these extra fancy.
5. Carefully start winding the clay around the skewer until you've wrapped it completely (see photo at bottom of post for example). If you'd like to add beads, etc. you can pinch one end into a little loop, otherwise, leave plain.
6. Once you're happy with the spiral, gently release it from the skewer and slide the clay off and onto the foil lined cookie sheet.
7. Cook in the oven at the temperatures listed as per the clay's instructions (mine cooked in the oven at 275 degrees F for approximately 15 minutes).
8. Take out of oven, allow to cool.



Instructions to place spiral wrap in hair:

1. Using a small section of hair, about the thickness of a straw, give the hair a little twist.
2. Place the section of hair in the first channel of the spiral wrap and with one hand pinch the hair against the wrap and with the other hand begin wrapping the hair into each channel all the way down the shaft of the spiral wrap.
3. Once the section of hair is in place, check to make sure it is in place by giving a little tug. If the wrap slides then redo with slightly more hair.
4. **To remove:** Carefully unwind the hair section from the wrap.

* **NOTE*:** be careful not to just try pulling this out in one big yank, this will break the hair wrap.